

October 11th, 2016

Diane Peppler Resource Center

October 2016 Newsletter

Monthly Days of Interest:

- October 10th: World Mental Health Day
- October 16th-22nd: National Health Education Week
- October 22nd: Make a Difference Day
- National Family Sexuality Education Month
- National Physical Therapy Month
- National Crime Prevention Month
- National Breast Cancer Awareness Month
- And Many More...

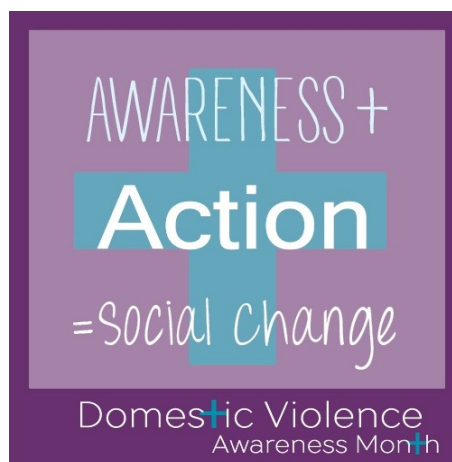
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It's Domestic Violence Awareness Month!

The Diane Peppler Resource Center works year round to raise awareness for domestic violence. We work tirelessly to advocate for the victims of domestic violence and change the way that our communities in the EUP view the epidemic that is domestic violence. Women and men can be victims of intimate partner violence and it is all of our jobs to be an upstander in those situations.

What is an upstander, you ask? An upstander is someone that refuses to be a bystander and say or do nothing in the face of domestic violence. Every person in our community can be a part of the social change to end domestic violence. Being a voice that speaks against domestic violence could be the thing that helps your neighbor, friend, or



even a family member to survive after being a victim of domestic violence. Making yourself aware of the services available to the victims of domestic violence could be a blessing to you or someone you know in their time of need. If you want to make an even bigger difference in the lives of survivors, you can volunteer with a domestic violence agency such as the Diane Peppler Resource Center.

If you have any questions on awareness and being part of the social change, call 906-635-0566 or reach out to DPRC on Facebook.



2016 VIOLENCE IS NOT TRADITIONAL

**PLEASE JOIN THE
ADVOCACY RESOURCE CENTER AND
DIANE PEPPLER RESOURCE CENTER
FOR A DOMESTIC VIOLENCE
AWARENESS WALK**

WHEN: OCTOBER 17, 2016

WHERE: Niigaanigiizhik Bldg 11 Ice Circle

**In the case of funeral, we will move to the
Nokomis / Mishomis Building
2076 Shunk Road**

TIME: 6:00 to 8:00 PM

Registration begins at 5:00 PM

- ** Free Pizza Dinner**
- ** First 300 participants
will receive a free
sweatshirt!**

**FOR MORE INFORMATION,
PLEASE CONTACT THE
ADVOCACY RESOURCE CENTER
AT 906-632-1808**



Diane Pepler Resource Center

The Twin Soo's Put DV in the Penalty Box on October 1st!



The Diane Peppler Resource Center, The Women in Crisis Center of Sault, Ontario, and the Advocacy Resource Center of the Sault Tribe teamed up to drop the puck on Domestic Violence Awareness month on October 1st at the Soo Eagles vs. the Soo Thunderbirds hockey game at the Pullar Stadium. We had a great turn out of community members at the game as well as volunteers from the hosting agencies to hand out information and giveaway items. The game even came to a close with a Soo Eagles victory over the Thunderbirds, 6-3!

Welcome, Cassidee Retzloff, Kristie Dickhausen, and Julie Munro!

This month, we are excited to be welcoming Cassidee Retzloff as our new Youth Advocate, Kristy Dickhausen as our new Mackinac County Advocate, and Julie Munro as our new Financial Manager.

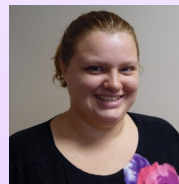
Cassidee is a graduate of Lake Superior State University with her bachelor's degree in psychology with a minor in social work and counseling.

Kristy is a past employee of DPRC reprised her role in our St. Ignace office as a full-time advocate.

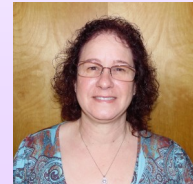
Julie has worked as a cashier at Walmart and has money management experience as a treasurer for Kinross Township.



Cassidee



Kristy



Julie

The Diane Peppler Resource Center is looking for volunteers to help with the following:

- Overnight crisis line volunteers
- Organizing/cleaning of the shelter garage
- Fall yard work
- weekly sanitation/cleaning of our shelter
- Child Care for our residents in shelter

Please Contact Kara Heggaton at heggatonk@dprcenter.org or call 906-635-0566 if you can help with any of these.



Diane Peppler Resource Center

Volunteer to
Stand Against
Domestic Violence.

Understanding Why Victim's Stay

When it is a viable option, it is best for victims to do what they can to escape their abusers. However, this is not the case in all situations. Abusers repeatedly go to extremes to prevent the victim from leaving. In fact, leaving an abuser is the most dangerous time for a victim of domestic violence. One study found in interviews with men who have killed their wives that either threats of separation by their partner or actual separations were most often the precipitating events that lead to the murder.

A victim's reasons for staying with their abusers are extremely complex and, in most cases, are based on the reality that their abuser will follow through with the threats they have used to keep them trapped: the abuser will hurt or kill them, they will hurt or kill the kids, they will win custody of the children, they will harm or kill pets or others, they will ruin their victim financially -- the list goes on. The victim in violent relationships knows their abuser best and fully knows the extent to which they will go to make sure they have and can maintain control over the victim. The victim literally may not be able to safely escape or protect those they love. A recent study of intimate partner homicides found 20% of homicide victims were not the domestic violence victims themselves, but family members, friends, neighbors, persons who intervened, law enforcement responders, or bystanders.

Additional barriers to escaping a violence relationship include by are not limited to:

- The fear that the abuser's actions will become more violent and may become lethal if the victim attempts to leave.
- Unsupportive friends and family
- Knowledge of the difficulties of single parenting and reduced financial circumstances
- The victim feeling that the relationship is a mix of good times, love and hope along with the manipulation, intimidation and fear.
- The victim's lack of knowledge of or access to safety and support
- Fear of losing custody of any children if they leave or divorce their abuser or fear the abuser will hurt, or even kill, their children
- Lack of means to support themselves and/or their children financially or lack of access to cash, bank accounts, or assets
- Lack of having somewhere to go (e.g. no friends or family to help, no money for hotel, shelter programs are full or limited by length of stay)
- Fear that homelessness may be their only option if they leave
- Religious or cultural beliefs and practices may not support divorce or may dictate outdated gender roles and keep the victim trapped in the relationship
- Belief that two parent households are better for children, despite abuse

For more information on Domestic Violence and the reasons why a person might stay in an abusive relationship, please visit the National Coalition Against Domestic Violence Website:

<http://www.ncadv.org/learn-more/what-is-domestic-violence/why-victims-stay>

Welcome Interns!

We would like to welcome our new fall 2016 interns from Lake

Superior State University, Brittany Heflin and Molly Hartman!

Brittany is getting her associate's degree in Social Work and Molly is getting her bachelor's degree in Psychology. We are very excited and thankful to have them interning with us for this semester.



Diane Pepler Resource Center Donation Wish List

We gladly accept donations. Here is a brief wish list that the shelter has going for this month:

- Towels—all sizes
- Socks (new)
- Trash Bags
- Clothes Hangers
- Plastic Storage Bins
- New Unopened Packages of Underwear
- Laundry Detergent, Fabric Softener, and Dryer Sheets
- Deodorant
- TVs & DVD Players
- Family Friendly Movies
- Twin and Full Size Mattresses and Box Springs
- Twin Size Bedding
- New Pillows
- Unopened over the counter medications
- First aid kits
- Feminine products
- New or Very Gently Used Children's Toys
- Hand soaps
- Birthday or Thank you Greeting Cards
- Baby Monitors
- Small Household Furniture
- Kitchen Items
- Organizational Items
- Unexpired Food Items and Non-Perishable Items
- Baby Diapers, Baby Wipes, and Pull-Ups
- Baby Hygiene Items (shampoo, baby wash , etc.)

“If you can't provide any of these items but would still like to support us, we always accept monetary donations as well and all donations are tax deductible.”



Thank You to Our September Donors and Volunteers

We would like to thank all of the donors who supported the Diane Pepler Resource Center in the month of September.

- Shanna Drake
- Little Ceasar's
- Louri Johnston
- Dawn Palmer
- Sugar Island Historical Society
- Kinross Correctional Facility
- National Guard Armory
- Salvation Army
- Women of the Moose #1484
- Amber Mack
- Julie Suggit
- Mariah Goos
- Neebish Island Women's Group
- Students United/Tracy Menard
- Eilene Bitnar
- And many anonymous donors

We would also like to thank our volunteers for giving their time in the month of September.

- Ellen Quinlivan
- Jennifer Dibble
- Errin Fornicola
- Caitlin Spink
- And Megan Hall



Thank you for your dedication to helping the Diane Pepler Resource Center Shelter!

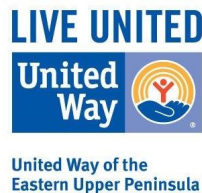
Diane Peppler Resource Center

P.O. Box 698
Sault Ste. Marie, MI 49783

Newsletter Recipient



24hr Phone line: 906-635-0566
Toll Free Hotline: 1-800-882-1515
Fax: 906-635-2952
Website: www.dprcenter.org
Facebook: www.facebook.com/dprcenter
Twitter: @DPRC_Shelter



Our light is always on, Our door is always open.

Diane Peppler Resource Center Support Groups



If you are in need of support, there are local support group options that you are more than welcome to attend. If you have questions about locations, times, or topics of discussion please call the Diane Peppler Resource Center.

Chippewa County
Children's Group
Contact our Youth Advocate for more information.

Chippewa County
Domestic Violence Group
Every Thursday
6pm-8pm

Sexual Violence Group
Every Tuesday
6pm-8pm

Mackinac County
Walk in anytime
8am-4pm
Monday-Friday
246 Ferry Lane
St. Ignace MI

Luce County
Walk in anytime
8am-4pm
Monday-Friday
407 W. Harrie St.
Newberry MI